**TCGC Youth Series: Introduction to Rifle**

Tier 1

**Purpose:** Teach kids ages 8-18 how to handle firearms safely and how much fun it is to shoot .22 rifles correctly.

**Objectives:**

Instill importance and practice of safe handling skills

Teach basic fundamentals of shooting, how to deliver a good shot

Introduce kids to several sighting platforms

Let kids see for themselves how by listening to good teachers, using their own courage, perseverance, and discipline they can accomplish things they thought they may not be able to do.

Have fun

**Staffing:**

Good coaches are key to the programs success. Coaches must enjoy working with kids and have the patience and skills to do so. Coaches must possess advanced firearm skills and be able to transmit those skills and knowledge to kids in a way that they can understand it.

**Key Fundamental Shooting Elements**

Position, natural point of aim

Sight alignment/sight picture

Trigger press

Breathing

Overcoming anxiety; concentration

**Resources, facilities**

Indoor range provides year-round training access; appropriate classroom with tables/chairs

Nearby toilet/handwashing facilities

6 bench coaches plus range master (able to pass background check)

6 benches with large bench bags

6 adjustable height stools

Spotting scopes

Hearing and eye protection for each student (non-reusable)

6 Ruger American bolt rifles standard open iron sights, .22 caliber

3 Ruger American bolt rifles, high cheek stock, with 3x9 scopes

Variety of long/short butt-stock replacements to adjust for length of pull

3 Anschutz youth target rifles with aperture/globe sights

Approx. 200 rounds per student

Instructional handouts, targets, folders, achievement certificates

Video monitor for NRA Eddie Eagle

Bench sled for rifle display

Samples of empty brass, bullets, powders, primers

2 full rifle cleaning kits

**Instruction**

**Registration, Classroom Training**

Pledge allegiance

Welcome, intro, agenda, housekeeping items.

\* 2 questions: what is first thing you do when you pick up a rifle, what makes a gun go boom. Rules fo how to pass/receive a firearm

Interactive presentation: parts of a rifle, how it works; components of ammunition, how it works.

\*Misfires/malfunctions and actions to take.

\*Discussion of 4 safety rules

**Fundamentals of shooting**

Trigger press demonstration and practice

Sight alignment and sight picture, demo and interactive practice on rifle in sled

Accuracy vs precision

**Pair coaches with students, break**

\*Interactive introduction to bench position demonstration, finding natural point of aim, sight picture

Into range students with coaches, no ammo or hearing protection

\*Pass and receive a rifle practice; rifle familiarization; \*Practice safe protocols

Begin bench positioning, sight picture, dry fire\*

Gear up with hearing, eye protection, ammunition Insert empty magazines, single shot only.

Back into bench position, dry fire, live fire (1-2 hours, multiple target changes) \*Practice safe protocols

**Pizza Lunch break Change rifles to 3 scope, 3 aperture/globe**

\*NRA Eddie Eagle video and discussion

Into range, new positions with new sighting platforms, dry fire, live fire, \*practice safety protocols. (1.5 hours)

**Break change rifle positions to 3 aperture/glove, 3 scopes**

Back into bench position, dry fire, live fire (1.5 hours, multiple target changes) \*Practice safe protocols

**Break**

\*Interactive cleaning and maintenance of rifles

Closing discussion, what did you learn?

Presentation of certificates

\* Denotes areas of safety instruction